



# Central Region Inline Hockey NEWS



ISSUE 2 March 2022

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### From Your Chairperson

Welcome to the Second Edition of Central News. This edition is all about letting our members know what's going on this season, so you can get planning now. With everything that's happened over the last two years, it's nice to know that we can have a semi-normal year, albeit with some restrictions. Planning is already underway on the Central League schedule, with some changes being made based on the results of the Central Region Survey 2021. These changes include an earlier start, more varied game weekends where possible, and fun format game days for Junior grades in the earlier part of the season. While we can't do everything at once (small steps!), we are listening to you, our members.

### Central Planning 2022

The 2022 inline hockey season is shaping up to be a very busy one, with training camps for NARCh and Oceania's 2023 throughout the season, NZ Secondary Schools competition in May, regular tournaments including the new Matariki Tournament, KIHl for Senior players, as well as our regular Central Region league season which will run from April through to the end of August. With an abundance of bookings at both the main rinks of New Plymouth and Hamilton, scheduling the league season will be a challenging endeavor this year. While the full league schedule will not be able to be completed until all clubs have entered teams, including which weekends teams will be playing, a Block Calendar has been completed to allow families and players to do some forward planning of their own around the league season, tournaments and Inter Regionals trials and training.

### Central Region Committee 2022

Central Region held its annual AGM on Saturday 4<sup>th</sup> December 2021. The Central Region committee for 2022 is:

**Chairperson:** Rochelle Middleton

**Secretary:** Eraina Habour

**Treasurer:** Sally Williams

**League Coordinator:** Rochelle Middleton

**Disciplinary Chair:** Todd Cooke

**Statistician:** Krys Beardman

**Committee Members/Voting Delegates:** Krys

Beardman (New Plymouth Ravens); Ra Greensill (Hamilton Devils); Shannon Martin (Mount Mustangs), Paul Brunton (Piako Pirates), Todd Cooke (Waihi Miners)

**Adjuncts to the Central Region Committee:** Bonnie Pert and Hannah Jensen (Central Region Inter-Regionals trial and training coordinators).

### Changes to Central Region League

Because of the very tight schedule this season, and a desire from many players to either begin the season earlier or play more games, Central Region have opted to start the first weekend of league games considerably earlier than normal, beginning on the weekend of the 9<sup>th</sup>/10<sup>th</sup> of April.

The aim is to stagger Junior and Senior game weekends, and avoid travel two weekends in a row, although this will not always be achievable given the other events that need to be scheduled around.

We will aim to publish the league schedule (or at least the first 2 months of it) by the 20<sup>th</sup> of March.

Because of the tight schedule, games will be scheduled across ANZAC weekend and Matariki Weekend (Sat/Sun only).

### We Remember Rachelle Heays



It is with sadness we note the passing of one of our "people". A member of Waihi Miners and a strong and vocal inline hockey supporter. Our sincerest sympathies to family and friends.

## JUNIOR GRADES 2022

The new National Junior Festival provides Central Region with the opportunity to do something a bit different this year, as there is no need to qualify to attend this event.

In this light, Central Region have opted to separate Junior grade games (10U, 12U, 14U) into two blocks. The first part of the season for will include a much more flexible group of games, with more relaxed, fun, alternate-format days, where we don't need to rigidly conform to rules.

This flexibility will allow clubs to play up players who might be up to the challenge (e.g., playing a 10U player in 12U games or a 12U player in 14U games), play across where needed, and where clubs have multiple teams, allow them to mix players of different abilities so that those less skilled are able to play and learn from those more skilled, and teams are more even. We can look at mixing clubs to form teams, having 3 on 3 style game days – the possibilities are endless. More information on the first half of the league season will be released once the schedule is confirmed.

The second part of the season will be a regular Championship-style competition, with points awarded for games won and drawn. This allows clubs to put together more structured, competitive teams. Dispensations will be needed for players to play outside of grades, or across teams. The aim in this round is for each team to play each other team a minimum of twice, depending on the number of teams entered. Players will need to play 60% of these games to be eligible for Nationals.

Throughout the Junior competition, and where possible when 10U teams are playing, an 8U game will be scheduled. This will be an informal game where all available 8U players from all teams playing on that day, will be split into 2 teams for a mini game (12.5- or 15-min halves only).

## SENIOR GRADES

The competition within the Senior grades (16U and up), will essentially remain the same as previous years, although an effort is being made to have more varied game days. The ideal will be to have 2 home and 2 away games against other teams in a particular grade (more, or less, dependent on how many teams are entered).

In some instances, where only 2 teams are entered in a grade, games will be scheduled against other grade teams of an appropriate level. Other grades may end up having 3 home and 3 away, so that an acceptable number of games are played. **To qualify automatically for Nationals, teams must finish in the top two of their respective grades, and players must play a minimum of 60% of their league games.** A points table will be published regularly to keep clubs and teams updated.

Games within the first half of the season for all grades will be somewhat intermittent, due to the large number of other events scheduled throughout May and parts of June and July (see Block Calendar), with games more concentrated towards the end of the season. It may be necessary to have tournament-style weekends (potential overnight stays) in August, in order to fit in the full complement of games, but there will be no more than one of these for Seniors, and one for Juniors, if this is the case.

The annual East vs West game weekend (Waihi Miners vs New Plymouth Ravens), will take place sometime in August, date to be confirmed.



## Central Region Block Calendar 2022

March	
5/6 March	Senior B/Snr Social Skills Hamilton Sun 10 am - 2 pm Sign up <a href="#">Central Skills Session Sign Up</a>
12/13 March	Oceania training camp (male) (Sat/Sun) HAMILTON
19/20 March	Oceania training camp (female) (Sat/Sun) HAMILTON
26/27 March	Hockeywise (Sat/Sun) HAMILTON
April	
2/3 April	Nothing scheduled
9/10 April	League games start Hamilton &/or New Plymouth
15-18 April	Mt Wellington Invitational
23/24 April	League games Hamilton &/or New Plymouth
May	
30 April/1 May	KIHL - Seniors League games, Hamilton
7/8 May	Oceania training camp (male) (Sat/Sun) HAMILTON Inter Regionals pre-trial development camp 10U, 12U, 14U, Jnr Wmn NEW PLYMOUTH
14/15 May	Oceania training camp (female) (Sat/Sun) HAMILTON NZSS Champs NEW PLYMOUTH
21/22 May	KIHL - Seniors IR trial Junior grades (10/12/14U/ Jn Wmn)+ Snr Wmn HAMILTON
28/29 May	League games Hamilton &/or New Plymouth
June	
4-6 June	Queens Birthday Tournament Juniors HAMILTON, Seniors NEW PLYMOUTH
11/12 June	IR trial Senior grades HAMILTON League Competition games Ham &/or NP
18/19 June	KIHL - Seniors League Competition games, Hamilton
24-26 June	Matariki Tournament NEW PLYMOUTH Potential League games, Hamilton
July	
2/3 July	IR training all grades NEW PLYMOUTH
9/10 July	KIHL - Seniors IHNZ YOUTH DEVELOPMENT CAMPS
16/17 July	League games Hamilton &/or New Plymouth
23/24 July	Inter Regionals WANGANUI
30/31 July	League games Hamilton &/or New Plymouth
August	
6/7 August	League games Hamilton &/or New Plymouth
13/14 August	League games Hamilton &/or New Plymouth
20/21 August	League games New Plymouth
27/28 August	League games Hamilton &/or New Plymouth



3 on 3 Action  
Hamilton, NZ  
Feb 5-7, 2022  
Photo Credit  
Lance  
McCaughan

# THE STRIPED TRIBE

## I Made a Mistake as a Referee

I had a busy weekend. Thirty-four games – yes 34 – of 3-on-3 inline hockey at 20 minutes per game. That's 680 minutes of refereeing fast paced games over one weekend and yet it is approximately 30 seconds of that 680 minutes that I, and some of the other people that were at the rink, are most likely to remember.

So, what happens when you make a mistake as a referee and how do you handle it?

I made two in one game – and important game at that – the Premier Division Bronze Game that went to overtime and then a shootout. I'm going to case study them both and hopefully shed light to others who might wonder about making mistakes and learn from them, just as I have.

The first mistake was a **no goal call** that was a goal. When you have refereed for a bit, you will have one, the bang-bang shot that comes off the inside top bar or back netting. Mine was the netting and my first instinct and the call I made was no goal. However, as I replayed the call in my head, I was positive I had it wrong. These are the steps I took on this play:

1. **Blew the play down** so that the other team didn't advance and get a goal. **If you are in doubt, stop the play immediately.** You don't want to have to take a goal away from the other team to award one to the first team.
2. **Talked to my partner.** You have a partner out there for a reason. You are part of a team. I checked in with my partner and while he admitted he didn't have a great angle of the play, he agreed he was pretty sure it was a goal.
3. **Changed my call.** I had it wrong, and most people knew it, including me. I made the goal call, explained what had happened to the other team's captain and although he wasn't happy, I also expect he knew it was a goal as well.

The other mistake I made, I didn't handle as well. In overtime I saw a stick go flying and before letting the play finish, put my arm up for a penalty call. I thought I had seen a thrown stick when all I had was a stick that was dropped and then kicked. I then compounded my error by waving off my own penalty call, messing up the goalie who had started to leave his net.

Looking back, here is what I should have done on this play.

1. **Control my emotions and slow the play down.** Like everyone in the building, I got caught up in the excitement of an overtime game, where the pace was quicker and the emotions higher. However, that excitement made me also react quicker. I should have taken the time to replay the play in my head before making the call. If I would have, I wouldn't have put my arm up.
2. **Stop the play.** Luckily in this situation, the goalie had barely left his net and saw me wave off the call,

but had he gotten any distance from his goal and the play turned around, it could have been catastrophic if a goal was scored against him. Once you have your arm up either make a penalty call or if you really have it wrong, stop the play and

3. **Admit your error.** I made a mistake; it's going to happen. We aren't perfect as referees, just as players and coaches aren't perfect. I should have stopped the play, stopped the clock, admitted to both teams my error and then had a face off where I stopped the play. Sometimes you just need to admit your mistakes.
4. **Learn from it.** Will I make that same mistake again? Maybe, but even if I do, I know now how to handle it better.

The sports field – any sport – is a competitive space where emotions run high. The natural feedback loop runs as fast as the game and errors are noticed immediately. It creates a player disruption, which is often met with swift, let's say, adamant condemnation. This is a natural reaction, but if I can give a couple of final notes to younger referees, they would be:

1. **Don't take abuse:** Just because you made a mistake and admitted it, does not give the players, coaches or fans the right to abuse you over it. I was lucky that in both the above cases, no one really gave me a hard time about my mistakes. But if they had, I would have followed the referee abuse process. You being wrong and admitting it does not give anyone free reign to abuse you for it.
2. **Persevere:** Mistakes are going to happen and odds are someone isn't going to be happy about it. But I refereed 680 minutes of hockey that weekend and although it is likely I got some other calls wrong as well, I also know that I got more right than I did wrong. As a referee, you need to be your own cheerleader so be one. Yes, I got a couple wrong, but I also got a lot right.

*Cameron Rock is a senior referee for [Inline Hockey New Zealand](#) sharing his experiences from the [Waitangi 3-on-3 Inline Hockey Tournament held at the Hamilton Inline Hockey Arena on 4-7 February 2022.](#)*



## Inter Regional Trials & Training

Dates for Inter Regional Trials and Training can now be released after being ratified by the Central Region committee. The objective is to hold trials for all grades, however, if there is limited interest in a grade, the team will be finalised via list selection.

### ***Look out for the registration link for Inter Regional trials after Easter***

#### **Trials:**

**May 21/22 Hamilton:** Junior Grades (10U, 12U, 14U, Jnr Wmn) plus Senior Women

**June 11/12 Hamilton:** Senior Grades (16U, 18U, Senior/Premis, Masters)

#### **Training:**

**July 2/3 New Plymouth:** All Grades

A lack of rink availability meant that it was possible to only confirm one training per age group in the calendar.

Potential coaches may find space in which to squeeze in a training (an alternate option is to add a training to the end of a league game day for a particular grade), dependent on coach and player availability.

### **Pre-Trial Skills Camp**

**May 7/8 New Plymouth:** 10U, 12U, 14U, and Jun Wmn

If there is enough interest, the region will host this camp in New Plymouth

This will be an opportunity to hone your skills, and interact with other potential team members. Intended trialists are encouraged to attend, however this camp will have no influence on Inter- Regionals team selections.

**Please [click here](#) to register your interest in attending the pre-trial development camp in New Plymouth.**

**Cut off date is 13<sup>th</sup> March.**

## Central Region Public Access Folder

Sometimes its hard remembering where all different bits of information are that you need for the season; the different event notices for Nationals, Inter-Regionals and your Central Region league, IHNZ Event calendar, Central Region league calendar, points tables, IHNZ Rule book, and so on.

This folder won't have information specific to *your* club, but will have information that is useful to players and parents for the current Central Region season.

This year Central Region are trialing a 'Public Access' Google Docs Folder where all the information for the current season, plus anything else that might be relevant to you (e.g., past newsletters, survey results etc.), can all be found in the one folder! Awesome.

Just [click here](#) to access this folder. Anything else you think should be included in this folder? Please email

secretary.centralregion@gmail.com.

## IHNZ Recent Releases

**Referee Training Program**—Stage One is now available online. To access you need to send an email to Cam Rock with your name, address, phone number, current club and DOB (carock28@gmail.com)

**Scorekeepers Training Program** is now available online. Reference Manual can be found on the Central Facebook or requested from your club. The program can be taken here: <https://www.nzihz.com/scorekeepers/story.html>

**Expression of Interest** available for 2022 World Cup ( players aged 35+) linked here: <https://forms.gle/r3NRLZHsAqe3ntpR9>

## Facebook Links

[Central Inline Hockey](#)

[Inline Hockey New Zealand](#)



## Be Prepared for Covid-19

With Omicron in the community and new COVID-19 cases popping up all over the place, chances are you or someone you know will have to do a stint of home isolation at some point to help keep your loved ones and community safe.

It's not easy spending so much time at home – it can make us feel isolated, lonely, a bit 'meh' or just plain bored. Isolating with others can be hard too. Finding some 'me time' while also being there to support whānau or tamariki can be an exhausting juggling act.

If you or someone you know is isolating at home, here are a few ideas to help recharge your wellbeing and look after yourself to help you get through isolation in the best possible way. [Link Here](#) (taken from [Mentalhealth.org.nz](https://www.mentalhealth.org.nz))

**Key points** More detail can be found on the covid-19.govt.nz website [here](#)

- [Be prepared to self isolate](#)
- [Get a Test](#)
- [Complete the Contact Tracing Form](#)
- [Self Isolate at Home](#)
- [Seek Additional Support/ Request Welfare Support](#)



# Inter-Regionals pre-trial development camp 7th/8th May, New Plymouth



**Want to up your game, ready for Inter-Regional trials? Register your interest here!  
10U, 12U, 14U and Junior Women**

<https://forms.gle/cHs6bsvqT5TcwOvEA>