



TRAINER: ANDREW ISBISTER

Andrew Isbister's Summer Goalie Camp

Dates

March 24th

March 25th

Schedule:

Goalie Camp Schedule

Timetable:	Saturday	Timetable:	Sunday
Meeting time	7:00-7:10	Meeting time	7:00-7:10
Warm up	7:15-7:30	Warm up	7:15-7:30
On Rink 1	8:00-9:30	On Rink 1	8:00-9:30
Snack Break	9:30-9:45	Snack Break	9:30-9:45
Athletic Training	10:15-11:00	Athletic Training	10:15-11:00
Lunch Break	11:30-12:30	Lunch Break	11:30-12:30
On Rink 2	13:00-14:30	On Rink 2	13:00-14:30
Athletic Training 2	15:15-16:00	Athletic Training 2	15:15-16:00
On Rink 3	16:15-17:45	On Rink 3	16:15-17:45
End of Day	~	End of Day	~

Dark section can be removed if it's going to finish to late (To be evaluated.)

Dear Goalie,

Welcome to the March Goalie Camp hosted by Andrew Isbister being held in New Plymouth. Thank you for signing up.

What You Need To Bring:

- **Your Goalie Gear,**
- **Your Goalie Shirt**
- **Off-rink Sports Gear (running shoes, shorts or pants, training shirt)**
- **Snacks, Drinks, and Lunch**
- **Camp Fee can be paid on arrival**

New Plymouth Ravens

Venue : East End Skating Arena

